Warabiny : results and recommendations on youth emotional self-regulation workshops for Indigenous Youths

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Modified Date	28/03/2017
Data Management Plan ID	████████████
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1   Research Project Details

1.1   Research project title

Warabiny : results and recommendations on youth emotional self-regulation workshops for Indigenous Youths

1.2   Research project summary

There is a lot of literature around the benefits of emotional self-regulation in pre-teens and about grass-roots Indigenous Youth programs, but little literature about the benefits and challenges of teaching emotional self-regulation skills to Indigenous Youths. The Australian Government "Closing the Gap" initiative touches on the importance of directed and focused programs being the key to program delivery and success. However, the initiative does not set forth principles for organisations or individuals to improve the delivery of such programs.

This research will try to unpack the key principles to an effective Indigenous Youth program teaching core emotional skills and aims to improve the delivery of such programs by: - performing a qualitative research process through a series of interviews in focus groups, yarning circles and audio/video recordings - undertaking a literature review to identify the key components in similar programs around Australia

1.3   Keywords
emotional, regulation, indigenous, youth, workshops, program, education, wellbeing, aboriginal

2   Research Project Data Details

2.1   Research project data summary

The source of the data will be ethnographical questions/semi structured interviews with yarning circles and focus group discussion as research techniques. The data will relate to the short and mid-term results of the workshops. The data will then be analysed through thematic analysis.

Bibliographic/citation data will be collected for the literature review component of the research.

2.2   Will the data be identifiable

- Non-identifiable — data which has never been labelled with individual identifiers

2.3   Will data, including biospecimens, be sent overseas?

No

2.4   Data organisation and structure

All digital data will be saved on an external hard drive.

Audio recordings will be saved into a folder using the naming convention:

INTERVIEW LOCATION-INTERVIEW DATE DDMMYY.mp3

All transcriptions will be saved in the same folder using the same naming convention, with differing file type extensions.

Interview questions/process guidelines will be stored using the naming convention:

INTERVIEW LOCATION-INTERVIEW DATE DDMMYY - GUIDELINES QUESTIONS.docx

Any written interview notes detailing inaudible/not captured info will be scanned as PDFs and stored using the naming convention:

INTERVIEW LOCATION-INTERVIEW DATE DDMMYY - WRITTEN NOTES.pdf

3   Research Project Data Storage, Retention and Dissemination Details

3.1   Storage arrangements

All digital data (participant surveys and interview data) will be saved and stored on a Shared R: Drive, password-protected with access by the academic project team. In addition, a copy will be stored on the principal investigator's password protected I Drive. Physical data sheets will be stored in a locked filing cabinet in the researchers office. After the minimum seven-year data storage period, data will be destroyed as per Curtin University Human Research Ethics Committee regulations.

3.2   Estimated data storage volume

2-10 GB (depending on audio/video compression)

3.3   Safeguarding measures

Data will be stored on the Curtin R drive which is routinely backed up. The physical data will be stored in a locked office inside the Centre for Aboriginal Studies.

3.4   Retention requirements

7 years (All other research with outcomes that are classed as Minor)

3.5   Collaboration

Marguerite Weir: principal investigator. Other members of the field & interview teams include: Yonathun Buttler, Dr Shona Brending, Dave Daniels and Dr Noah Kickett.

Curtin academic collaborators will have access through a shared password protected folder on R: drive.

3.6   Data dissemination

Results from findings will be written into a report to the organisations to improve similar workshops. This report could provide the basis for conference presentations and further scholarly documents/articles.

For privacy considerations the interview data itself must remain secure to preserve anonymity of the interviewed subjects.

3.7   Embargo period

Requests for data sharing will be considered on a case-by-case basis by the researcher.