**PICO Worksheet and Search Strategy**

1. **Develop your search strategy using the PICO concept:**

Patient/Problem:

Intervention:

Comparison:

Outcome:

**Write out your question:**

1. List the **main concepts** and **alternative terms** from your question that you can use to search:

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|  |  |  |  |
| --- | --- | --- | --- |
| Concept 1 | Concept 2 | Concept 3 | Concept 4 |
|  |  |  |  |

1. **Use Boolean operators to combine your terms:**

Use **OR** to broaden your search

Use **AND** to narrow your search

Use **NOT** to exclude terms

**Search tips** (***Note:*** *Check the search tips within each database because requirements may vary*)

Use truncation e.g. disorder\* for disorder, disorders

Use wildcards e.g. wom?n for woman or women

Phrase searching e.g. “migraine headache”

1. **Write out your** **search strategy:**
2. **State your inclusion/exclusion criteria:**
3. **Check any limit/s that may pertain to your search:**

**Age**: **Language**: **Year of publication**:

**Other**:

1. **Type of study/publication you want to include in your search:**

*e.g.**Systematic Review/Meta‐Analysis, Randomized Controlled Trial, Cohort study etc.*

1. **Note the databases you searched:**